



Welcome to Three Village Physical Therapy

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Three Village Physical Therapy & Fitness offers a unique rehabilitation experience specializing in hands-on manual physical therapy with **[an emphasis on the individual](#)**. We offer a hands-on functional approach to the treatment of biomechanical and musculoskeletal dysfunctions. This encompasses sports, orthopedics, pre & post operative rehabilitation, arthritis, and neck and back pain.

Three Village Physical Therapy & Fitness offers wellness programs, personal training and gym memberships. These programs are designed to help you continue to maximize your benefits after therapy is complete, or simply to serve as part of a healthy life style. These programs consist of on-site supervision by a Physical Therapist and/or a Certified Personal Trainer. One-on-one sessions are available by appointment.

Three Village Physical Therapy & Fitness is located in Stony Brook Village Inner Court where you can find a variety of unique eateries, boutiques, gift shops, specialty stores and more. To see a complete listing of what the village has to offer, visit www.stonybrookvillage.com.

Three Village Physical Therapy & Fitness

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Please feel free to contact us!

We look forward to providing the community with the level of commitment and professionalism that we are known for. Robert & Tracy will work closely together to make sure all of our patients and clients reach their full potential.

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